

WAHPERD CONVENTION SCHEDULE 2024

Preliminary Schedule (10/13/24)

Schedule subject to change.

****Reminder to all who are seeking UW or PTSB credit****

You must attend all sessions and events, each presenter must sign your sheet, and the completed sheet must be turned in.

Sunday November 10,2024	EVENT	DESCRIPTION	LOCATION	PRESENTER
8:30 - 4:30 pm	Strength & Conditioning in K-12 Professional Learning Series	<p style="text-align: center;">WYOPETe</p> <p>This comprehensive course is presented by the National Strength & Conditioning Association (NSCA) and hosted by WYO PETe and University of Wyoming Sports Performance.</p> <p>Physical educators of all grade levels, as well as sport coaches and strength & conditioning coaches working in K-12 settings are welcome to attend. Participants will learn to connect strength & conditioning activities in PE, sports, or during training sessions to scientific principles associated with physical literacy and long-term athletic development (LTAD). Design basic Strength & Conditioning programs that meet the needs of all students in PE classes and/or sports with varying physical capabilities and life interests. Perform and teach a variety of core, assistance, body weight, and warm up exercises. Implement teaching strategies that empower students to construct their own Strength & Conditioning programming.</p>	UW High Altitude Performance Center & Corbett Building	<p style="text-align: center;">Ben Kern Kathryn Russell Art Tolhurst Tony Moreno Rick Howard</p>

		Event Details		
		<p>Monday, October 28th @ 7:00 pm 1-hour virtual Kickoff session (online) (Registration for this event through WyoPete. Please contact Ben Kern at bkern2@uwyo.edu)</p> <p>Sunday, November 10th @ 8:30am 8-hour workshop in UW Sports Performance Center</p> <p>Monday, November 18th @ 7:00pm 1-hour virtual closing session (online)</p>		
12:00 pm - 3:30 pm	Registration	Pick up your welcome bag and name tag.	Corbett Lobby	
1:00 - 4:00 pm		<p style="text-align: center;">“Hit It With Your Best Shot!”</p> <p>Participants will explore OPEN’s elementary striking module progressions including K-2 Volley/Strike, 3-5 Pickleminton, and 3-5 Volleyball in this fast-paced active session! All lesson plans, vocabulary cards, and other teaching/learning materials are available at no cost. Lesson scaffolding, modifications, and transitions will also be discussed. Kick off the 2024 Convention Sunday afternoon and “Lead the Drive” for the rest of the event!</p>	Corbett Gym	Brian Devore
5:30 pm	WAHPERD/ COWBOY SOCIAL	<p style="text-align: center;">President’s Social</p> <p>WAHPERD members, exhibitors and presenters are welcome to join us for an evening of networking and socializing.</p> <p style="text-align: center;">(Food and Drink will be available for purchase)</p>	Laramie Lanes Lounge & Liquor 1270 N 3rd St	Host – President Ben Kern
MONDAY NOVEMBER 11, 2024				
7:00 am - 3:30 pm	Registration	Pick up your welcome bag and name tag.	Corbett Lobby	

<p>8:00 – 8:50 am</p>		<p>Teaching Backpacking & Survival Skills in PE In this session, presenters will discuss the structure and content of a Backpacking & Survival Skills Unit in PE that can be taught at all levels (upper elementary, middle, and high school). Participants will get to explore a few condensed tasks within the unit.</p>	<p>Corbett 103</p>	<p>Kayla Marsh</p>
<p>8:00 – 8:50 am</p>		<p>Reducing the Risk of Injury in Youth: Benefits of Organized Strength and Conditioning Programs Injury is the result of modifiable and nonmodifiable factors that when considered, help determine what should be included in a strength and conditioning program. Learn what factors should be considered and how you can more directly impact and reduce your students' injury risk.</p>	<p>Corbett 104</p>	<p>Kathryn Russell</p>
<p>8:00 - 8:50 am</p>		<p>Benji Ball - Indoor/Outdoor Adaptable Baseball Benji Ball can be implemented into all different class styles as well as with different ages and different abilities. You will see how the game can be adapted to what the teacher is looking to get out of class that day. Benji Ball can be adapted to be a more teamwork based game, a physical activity game, a creative ideas game, or a mix of all of it.</p>	<p>Corbett Gym</p>	<p>Benjamin McEvoy</p>
<p>9:00 - 9:50 am</p>		<p>Simple Secondary Tournaments Are you running paper/pencil/ladder tournaments? This is the session for you! Participants will play in an active "Switcholio" tournament and be assigned a different partner each round! I will give you the knowledge and confidence to administer tournaments for your classes -- all from your phone or tablet!</p>	<p>Corbett Gym</p>	<p>Jordan Cooper</p>
<p>9:00 - 9:50 am</p>		<p>Human Trafficking and Online Safety - How Can We Protect Them Come find out how our kids are being exploited online. Listen to how we partner with Uprising a Human Trafficking Non Profit</p>	<p>Corbett 103</p>	<p>Jessica Pickett and Terri Markham</p>

		Organization in our health classes to teach our kids about vulnerabilities and online safety.		
9:00 - 9:50 am		<p align="center">Growth-Focused Fitness Assessments</p> <p>Explore the role of fitness assessments in promoting student personal growth and development. This session covers how to design and implement assessments that provide meaningful feedback and foster improvement. Educators will learn to use assessment results to guide students in setting and achieving personal fitness goals, supporting their overall well-being.</p>	Corbett 127	Ben Wells
10:00 – 10:50 am		<p align="center">Saddle Up Warm-Up and Body Weight Program</p> <p>Different movement prep routines to facilitate warm ups including core strengthening and torso structuring.</p>	UniWyo Sports Complex	Art Tolhurst
10:00 – 10:50 am		<p align="center">Every Coaches Role in the 1 in 8 Athletes With Eating Disorders</p> <p>How would you feel to have the right tools and techniques to support your athletes mentally and physically to reduce injuries and improve performances? Cross country/Track coach Rachael Steil shares how to do this by turning a difficult mental health topic into an engaging conversation through stories of her struggle with an eating disorder.</p>	Corbett 127	Rachael Steil
10:00 – 10:50 am		<p align="center">Omnikin Have a Ball with Action Packed Fun for All</p> <p>Need cooperative and community-building activities that include fitness and skill development? Omnikin has you covered! This exhilarating session will feature highlights of our lightweight and non-threatening dynamic 14”-48” balls that’ll generate excitement in your PE classroom like you’ve never seen before! Your students will have a BALL!</p>	Corbett Gym	Scotty Williams

<p>11:00 – 11:50 am</p>		<p align="center">Community Connect: PE Events</p> <p>Learn how to build a strong community through physical education events. This session covers strategies to plan, organize, and execute events that foster community spirit and student involvement. Educators will gain insights into creating events that promote engagement, teamwork, and a sense of belonging among</p>	<p>Corbett 127</p>	<p align="center">Ben Wells</p>
<p>11:00 - 11:50 am</p>		<p align="center">Brain Architecture Game</p> <p>I use this activity in Human Development Class to demonstrate the impact of life experiences on brain development. I have thought it would be good for educators to also experience. The Brain Architecture Game is a tabletop game experience that builds understanding of the powerful role of experiences on early brain development – what promotes it, what derails it, with what consequences for society. I have purchased my classroom from Harvard University and have rights to use the game.</p>	<p>UniWyo Sports Complex</p>	<p align="center">Kandi Bennett</p>
<p>11:00 - 11:50 am</p>		<p align="center">Casting for Beginners</p> <p>Teaching educators how to properly cast a fly rod and spinning rod while in a physical education setting.</p>	<p>Corbett Gym</p>	<p align="center">Nathan Butler</p>
<p>11:50 - 1:30 pm</p>	<p align="center">LUNCH</p>	<p align="center">PLEASE REMEMBER IF YOU ARE RECEIVING PTSB OR UW CREDIT FOR CONVENTION, YOU WILL NEED TO BE AVAILABLE FOR LUNCH, BUSINESS MEETING AND ROUNDTABLE DISCUSSIONS</p> <p align="center">Lunch (provided) All Member Business Meeting</p> <p align="center">Exhibitor Time</p>	<p align="center">UW Fieldhouse</p>	

<p>1:30 – 2:20 pm</p>		<p>Health.Moves.Minds Come experience what health.moves.minds has to offer you as a teacher and your PE program! We will play fun social/emotional games as well as learn how you can get more funding for your PE program and support WAHPERD and Shape America!</p>	<p>Corbett 127</p>	<p>Bri Fuller Annette Ice</p>
<p>1:30 – 2:20 pm</p>		<p>Pre-Professionals Getting the job, and then once getting the job, how to get started.</p>	<p>Corbett 103</p>	<p>Braydon Preston</p>
<p>1:30 – 3:20 pm</p>		<p>DotBall360: The Team Paddle Sport! Think volleyball bump, set, spike but with paddles! Instead of hitting the ball over a net, you slam it down on the table ("DOT"). Teams have up to three hits to smash it off the table, switching between offense and defense with each contact-going for that and an unbeatable table shot! Learn how to implement this new sport into your secondary classroom.</p>	<p>Corbett Gym</p>	<p>Jordan Cooper</p>
<p>1:30 – 2:20 pm</p>		<p>AI-Enhanced Planning: Streamlining Health and PE Uncover the power of AI in streamlining health and physical education planning. This session explores how AI tools can simplify lesson planning, monitor student progress, and create personalized learning experiences. Educators will learn strategies to efficiently integrate AI into their daily routines, enhancing their ability to meet diverse student needs and optimize their teaching process.</p>	<p>Corbett 127</p>	<p>Ben Wells</p>
<p>2:30 – 3:20 pm</p>		<p>Integrating Ability Awareness and The Special Olympics Jackalope Jump Into the PE Setting</p>		<p>Nathan Vondra</p>

		This session will give some ideas on how to create an ability awareness unit at your school. We will also talk about how The Special Olympics Jackalope Jump can be thrown into the mix to create a school-wide advocacy movement towards inclusion! Specific adaptive activities as well as steps to implement the Jackalope Jump will be included		
2:30 – 3:20 pm		TBA		
2:30 – 3:20 pm		TBA		
3:30 – 4:20 pm		<p align="center">Dance: Your Ultimate PE Game Changer!</p> <p>Come join former PE and Dance TOY Scotty Williams in a dynamic session that features simple yet fun dances, games, and strategies that will win your students over! Dance can positively affect your classroom climate, the culture of your school and can connect communities at large all while addressing every national PE standard! Most importantly, your students and you will have a BLAST with this magical movement that needs only limited space and budget to thrive!</p>	Corbett 202	Scotty Williams
3:30 – 4:20 pm		<p align="center">Help Build Stronger School- and State-Level Physical Education Policies for Wyoming</p> <p>The role of policies to ensure quality physical education has long been neglected. Strong policies improve conditions for quality physical education program delivery. A multiyear national surveillance initiative is underway to track physical education policy implementation. Session attendees will learn about this project and be encouraged to participate in the project.</p>	Corbett 127	Ben Kern Hans van der Mars, Lisa Paulson, Wesley J. Wilson, Chad Killian, Tristan Wallhead, David Woo

<p>3:30 – 4:20 pm</p>		<p align="center">Gopher Sport Net Games</p> <p>Discover innovative net games with Gopher Sport, enhancing physical education through activities that promote teamwork, agility, and coordination. This presentation offers educators new strategies to engage students in dynamic, net-based sports, fostering active learning and physical fitness.</p>	<p>Corbett Gym</p>	<p align="center">Owen Carlson</p>
<p>5:30 – 6:00 pm</p>	<p align="center">Social</p>	<p align="center">Drinks for purchase.</p>	<p>Alice Hardy Stevens Center 603 E University Ave</p>	
<p>5:30 - 8:00 pm</p>	<p align="center">Silent Auction</p>	<p>Silent Auction to benefit Healthy Kids Rx. They are a non-profit organization, supported by ACSD#1 and the University of Wyoming, focused on promoting healthy lifestyles for youth. The program provides year-round after school and summer fitness and nutrition classes at no cost for all local youth with specialized mentorship for those at risk for obesity.</p>	<p>Alice Hardy Stevens Center 603 E University Ave</p>	
<p>6:00- 7:00 pm</p>	<p align="center">Keynote and Dinner</p>	<p align="center">We Have the PowEr!</p> <p>In a time when teachers feel overworked and undervalued, physical education teachers hold a unique PowEr to uplift their schools! This interactive session will help you rediscover your strengths, share practical strategies to positively impact students, and inspire you with stories from fellow educators. Let's harness the potential of physical education to create meaningful change, strengthen school culture, and lift each other up – because now, more than ever, it's time to make a difference!</p>	<p>Alice Hardy Stevens Center 603 E University Ave</p>	<p align="center">Scotty Williams</p>
<p>7:00 –</p>	<p align="center">Awards</p>	<p align="center">Celebrate all of Wyoming's Award Winners</p>		<p align="center">Charli Fluty</p>

8:00 pm				
TUESDAY NOVEMBER 12,2024				
8:00 - 10:00 am	Registration	Pick up your welcome bag and name tag.		
8:00 - 8:50 am		Breakfast Sponsored by Strong Families, Strong Communities	TBA	
8:00 - 8:50 am	LEAD THE DRIVE	Roundtable Networking You asked for time to network and your board listened. This will be a dedicated time to discuss topics and get ideas from other teachers in attendance.	Corbett Gym	
9:00 – 9:50 am		Uno Fitness K-3 Play a fitness game using the cards from uno to reinforce fitness components to k-3 graders.	Corbett 103	Annette Ice and Gina Comstock
9:00 - 9:50 am		Preventing Pregnancy and Sexually Transmitted Infections In Secondary Schools Join us as we go over activities from Making Proud Choices and Reducing The Risk to help prevent pregnancy and sexually transmitted infections.	UniWyo Sports Complex	Stephanie Hardesty, Darcy Bath, and Theresa Flores
9:00 - 9:50 am		Get FAST and FURIOUS with Omnikin! Need cooperative and community-building activities that include fitness and skill development? Omnikin has you covered! This exhilarating session will feature highlights of our lightweight and non-threatening dynamic 14”-48” balls that’ll generate excitement in your PE classroom like you’ve never seen before! Your students will have a BALL!	Corbett Gym	Scotty Williams

10:00 – 11:10 am		<p align="center">UW PETE students practical teaching strategies</p> <p>The senior UW PETE students will present practical ideas they have learned through the program for teaching different content with different models/styles. The UW students will be in pairs and participants will rotate through the different teaching stations.</p>	Corbett 202	UW PETE Lab Students
11:15 – 12:05 pm		<p align="center">The FUNdamentals of Juggling</p> <p>The FUNdamentals of Juggling session is an introduction presentation to engage and encourage teachers to incorporate Juggling in their PE program. During this session, teachers will learn how to create the foundation of a juggling unit, technology inclusion, identify different levels/modifications/assessments, and practice the art of Juggling!</p>	Corbett 103	Bryson Davis
11:15 – 12:05 pm		<p align="center">Combining Sources of Strength and Health Class</p> <p>Come hear how we use the Sources of Strength Wheel within our health classes to improve mental health and wellness. Wellness reports, one on one meetings, connecting students to our school. It's an awesome unit! Come hear about this project and share your mental health ideas too.</p>	Corbett Gym	Jessica Pickett and Hailey Harthan
11:15 – 12:05 pm		<p align="center">Fun Instant activities/warm ups for elementary P.E. and beyond</p> <p>This session would focus on fun and engaging instant activities/warm up games that I have either acquired from others' ideas that I adapted and made my own, or developed solely on my own throughout the last 10 years as an elementary PE teacher.</p>	Corbett Gym	Marc Miller

12:05 - 12:30 pm	Closing	Closing remarks	Corbett Gym	
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